



# Understanding IT compliance

# Does your business use computers? If yes, then you'll need IT compliance.

## Let's take a look at what IT compliance is.

If you imagine your important business information – like customer details and finances – is like your home, then IT compliance is like having strong locks and alarms.

## Here's how good IT compliance helps:

- It keeps your business safe. Stops hackers from stealing your info.
- It saves you money. You'll avoid fines for not following UK data rules.
- It builds trust with your customers. Shows that you take their privacy seriously.

If your company is IT compliant, then you're following the rules and best practices to keep your technology systems safe and legal. It's like obeying all the traffic laws to keep everyone safe on our roads. By doing this, you'll protect your business and keep your customers' trust.

## Not sure where to start? Here are three simple steps to improve your IT compliance today:

- Use complex passwords and two-factor authentication for all your accounts.
- Have a secure backup system in place (and back up regularly) to recover from any data loss.
- Regularly train your staff on cybersecurity best practices, like identifying phishing emails (which are trick emails trying to steal your information).

## Headline stats from the [2024 cyber security breaches survey](#) show that:

- 50% of businesses report having some form of cyber security breach or attack in the last 12 months.
- By far the most common type of attack is phishing (with 84%).
- Just over one in 10 businesses say they review the risks posed by their immediate suppliers.

If you don't want to become a statistic, come and have a chat with us. We offer jargon-free consultations to assess your security needs and can help you create your compliance plan.